

Jesus Eases Troubled Hearts

“When the Lord saw her, his heart went out to her and he said, “Don’t cry.”

Jesus spoke these words to a widow who had suffered a horrible loss – her only son had died. It might seem that Jesus is being a little (or a lot) insensitive, for surely He knew her situation!

Jesus did know her situation, and, furthermore, He already knew what He was going to do about it, and how He was going to end her grief by raising her son from the dead.

Many challenges in life bring us to tears. Death, the loss of a job, the loss of a home, the loss of health, the loss of financial security. But remember this: at your baptismal waters, Jesus’ heart went out to you. There, He not only wrapped His loving arms around you, but He also clothed you with His righteousness (Galatians 3:27). His perfect life removes the gloom of guilt and failure. His death and resurrection overcomes the sorrow of death and the grave. His work as your Substitute and your Savior tells you, "Don't cry - everything will work out for your good (Romans 8:28). Don’t cry – I will give you the strength to endure everything you have to face” (1 Corinthians 10:13).

On my desk is a framed Bible passage, “Be still and know that I am God” (Psalm 46:10). I need to read these words often. Jesus is the only one who can calm my troubled heart. Jesus is the only one who can cause my fears to vanish. Jesus is the only one who can legitimately say to me, "Don't cry."

- Pastor Morris Meseke